



Whitecote Newsletter

JULY 2026

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	24	23	25	26
27	28	29	30	31		

	2 - 3. Y4 Hadrians Wall Trip
4. OPAL donation day	10. Takeover Day Y5&6
10. Summer Fair	14. Y6 Leavers assembly
15. Y6 Leavers Party	16. Reception Ugly Bug Ball.

Useful Links!

The links below offer helpful guidance for any families who feel they may need support while caring for children. Whether you are looking for advice, practical resources, or someone to talk to, these services are designed to provide reassurance and assistance whenever it's needed. We hope you find them useful.

- **Adoption Uk - [Adoption UK Charity](#)**
- **Kinship Care - [What is kinship care?](#) - Kinship**
- **Barnardo's - [Leeds Children's Rights \(Advocacy Looked After\)](#) | [Barnardo's](#)**
- **Coram Voice - [Home](#) - Coram Voice**
- **Care Leavers and Children in Care Council - [Leeds Youth Voice](#) | [Leeds.gov.uk](#)**
- **ARC - [What is ARC?](#) - ARC Framework**
- **Leeds Pathways Team (Avoiding NEET) - [Leeds Pathways](#) | [Leeds.gov.uk](#)**

A message from Mrs Stead

As we reach the end of another incredible school year, I want to take a moment to say a huge thank you to our wonderful Whitecote families.

This half term has been one of our busiest yet! From our fantastic Summer Fair and successful Car Boot Sale to the exciting introduction of OPaL, it's been wonderful to see our school community come together with such enthusiasm, generosity and support. None of this would have been possible without our amazing parents, carers, volunteers, staff and friends of the school. Your time, kindness and encouragement make a real difference, and we are so grateful.

As it is the end of the academic year, we must mention our wonderful year 6 pupils that are leaving us for pastures new. On Tuesday, we celebrated everything they have achieved during their time at Whitecote. For some, this has been their home for eight years, and it has been a privilege to watch them grow into confident, kind and resilient young people, ready for the next chapter of their lives.

We are incredibly proud of all they have accomplished, not just academically, but through the friendships they've built, the challenges they've overcome and the positive contribution they've made to our school community.

Thank you to our parents, carers and families for your unwavering support, and to our dedicated staff, past and present, for helping to shape these remarkable children.

To our Year 6 Class of 2026, remember to believe in yourselves, embrace every opportunity and always be kind. Although you're leaving Whitecote, Whitecote will always be a part of you. Once a Whitecote pupil, always a Whitecote pupil.

Good luck—we are so proud of you and can't wait to see what your future holds.

Have an amazing Summer!

Were not crying... again!



After an incredible 25 years at Whitecote, Mrs Fowler is retiring from her role in our school office.

For a quarter of a century, Mrs Fowler has been one of the first friendly faces to welcome children, parents and visitors through our doors. She has supported generations of Whitecote families with kindness, compassion and a reassuring smile, celebrating life's happiest moments and helping people through the more challenging ones too.

Her dedication, care and unwavering commitment have left an imprint on our school that will never be forgotten. Whitecote simply won't be the same without her.

While we'll miss seeing her in the office each day, we know this exciting new chapter will be filled with everything she loves – spending precious time with her family and grandchildren, making wonderful memories on holidays, and enjoying many well-deserved cruises and adventures.

From everyone at Whitecote, past and present, thank you, Mrs Fowler, for everything you have given to our school and community. We wish you a retirement filled with love, laughter, happiness and unforgettable memories.

You will always be a cherished part of the Whitecote family. ❤️

Whitecote Wonders

R Apple – **Grace E**
R Pear – **Malcolm V**

1 Rose – **Alia K**
1 Lavender – **Daisie O**
2 Willow – **Poppy S**
2 Hazel – **Nancy S**
3 Spruce – **Mila A**

3 Yew – **Lily-Grace R**

4 Beech – **Chloe D**
4 Ash – **Sofia D**
5 Chestnut – **Samia A**
5 Elm – **Caleb C**
6 Oak – **Tobias E**
6 Cedar – **Troy P**



Congratulations to Sudaysi from Year 1 Rose!

He has won an Amazon Kindle for completing his 125 reads! Keep up the good work Sudaysi—we are all very proud of you!

Healthy Habits

At Whitecote Primary, we're proud to promote healthy habits every day.

💧 Water Only Reminder 💧

To support children's health, concentration and teeth, please remember that *sugary cordials and fruit juices aren't allowed in school, unless your child has a packed lunch as per the school policy.*

Water should be brought in bottles each day to keep children hydrated and ready to learn.

Together, we're building strong, healthy habits for life.

A colorful poster for Whitecote Primary School titled 'Suns Out!'. It features a smiling sun, three children, a green hat, a tube of SPF cream, and a water bottle. The text encourages parents to ensure their child is prepared for warmer weather by bringing sun cream, a hat, and a refillable water bottle to school. It also promotes hydration and protection with the slogan 'Cool Kids Hydrate & Protect!'.

WHITECOTE PRIMARY SCHOOL

Suns Out!

Now that the warmer weather is here (hurrah!) please ensure you send your child to school with:

- Sun cream applied ☀️
- A hat 🧢
- A refillable water bottle (water only please) 💧

Cool Kids Hydrate & Protect!

Whats on & Things To Do!

FREE football camps this summer!

Need holiday activities for your child?

Kellogg's is offering FREE football camps for children aged 7-14!

Why parents love them:

- Run by FA-qualified coaches
- Fully supervised (free childcare support)
- Inclusive and confidence-building
- Fun, active sessions to keep children entertained

Available at EFL clubs across the UK
Find your nearest camp:

THE ULTIMATE SUMMER OF FOOTBALL

5 Action-Packed Days This Summer

HIGHLIGHT STRIP

- Daily Challenges
- Daily Football Activities
- Player Of The Day
- Skill Competitions
- World Cup Day
- Certificates For Every Player

REGISTER YOUR INTEREST

WHAT HAPPENS AT TFA SUMMER CAMPS?

Every day is designed to help players:

- Develop their football skills
- Make new friends
- Take on exciting challenges
- Compete in competitions
- Build confidence
- Enjoy an unforgettable week

READY TO HAVE A SUMMER OF FUN?

PRICING

£25 per day
£150 for the full week
£3.50 for early drop off - 8AM
10% discount for early bird

BOOK YOUR PLACE

07779324730
thefootballcentres.com

LEEDS UNITED FOUNDATION
CHARITY NO. 1137703

GIRLS ONLY SUMMER CAMPS

FUN-FOCUSED FOOTBALL FOR GIRLS AGED 7-14 YEARS OLD.

BOOK NOW!

£25 - 1 DAY
£80 - FULL COURSE

COCKBURN HIGH SCHOOL - WAKEFIELD
GARFORTH ACADEMY - WEST RIDING FA
GRAMMAR SCHOOL AT LEEDS

THE READING AGENCY
UNIVERSAL MUSIC GROUP UNITED KINGDOM

READ to the BEAT

Summer Reading Challenge 2026

Illustrations © Harry Woodcock 2026, Read to the Beat © The Reading Agency 2026

Summer Reading Challenge: Read to the Beat!

The FREE Summer Reading Challenge starts Saturday 4th July at your local library. Children can read any six books over the summer – stories, fact books, poetry, graphic novels or audiobooks – and earn rewards along the way. Finish all six to receive a certificate and medal! Borrow books from your local library and enjoy a summer full of reading, music and fun!

Leeds Rhinos 50% off tickets offer

Leeds Rhinos are delighted to offer supporters 50% off tickets for their match against Toulouse on Friday 31st July 2026. With the team currently in first place in the league table we would love for you to join us to cheer the team on. Whether you are a regular supporter, or would be attending for the first time, we would be delighted for you and your family to come and experience the unique atmosphere of a match at AMT Headingley Stadium.

To book your tickets visit Leeds Rhinos - Online ticket sales with prices starting from just £13 for adults and £7 for juniors aged 16 and under.

LEEDS RHINOS

FRI 31ST JULY - AMT HEADINGLEY STADIUM - 8:00PM KICK OFF

50% OFF ALL TICKETS

TICKET TYPE	ADULT	CONCESSION (AGE 16-25)	JUNIOR (AGE 16 AND UNDER)
STANDING	£13	£18.50	£7
SEATING	£17.50	£15	£11.50

BUY TICKETS AT TICKETS.THERHINOS.CO.UK

OR SCAN THE QR CODE HERE

TO BUY OVER THE PHONE CALL 0371 423 1315
PHONE LINES OPEN BETWEEN 10AM - 4PM MON-FRI EXCLUDING BANK HOLIDAYS.

GREAT BRITISH SUMMER SAVINGS for Families

We are delighted to share details of the Government's Great British Summer Savings scheme, which is designed to help make family activities more affordable over the summer holidays.

25TH JUNE TO 1ST SEPTEMBER

VAT on a range of children's experiences will be reduced from 20% to 5%, including:

- Children's menu meals
- Cinema, theatre and concert tickets for children

SAVE MORE THIS SUMMER!

FAMILIES CAN ENJOY A WIDE RANGE OF ACTIVITIES AT REDUCED COSTS, INCLUDING:

- Amusement parks
- Wildlife parks
- Museums
- Soft play centres
- Other attractions

CHILDREN AGED 5-15 TRAVEL FREE ON BUSES ACROSS ENGLAND DURING AUGUST!

Making it easier and more affordable to get out and about.

FREE BUS TRAVELL!

We hope this initiative helps families enjoy a range of activities together over the summer.

**BreezeTM
Camps**

Summer Holiday Camps
Young people aged 8-11yrs

Bramley St. Peter's Primary School
Tuesday's to Friday's from 28 July - 21 Aug
9.30am - 2.30pm

**To secure a place visit:
healthyholidays.leeds.gov.uk**

Does your child receive income related Free school meals? Are you looking for something exciting for them to do this Summer?

Sign up to our Summer Holiday Camps! You'll need to register with Healthy Holidays before you can book. If you're not already registered you can do this NOW!

Sessions will go LIVE for BOOKING on:
Thurs 25 June 2026.

To book your place with us, search for your Event group name 'Bramley St Peter's Primary School, Breeze Summer Camp'

Be sure to select every session you want them to participate in. Please note: your child must be eligible for income related Free School Meals.

If you'd like any additional support please visit a community hub or library or email HHBooking@leeds.gov.uk

Breezeleeds™

In the Park

Dates & Venues

Time: 12pm to 4pm

TUE 28 JULY

Brandy
Brandy Park, Brandywood
13:15-14:00

MON 3 AUG

Admission
Admission Park, Park Lane
13:15-14:00

FRI 7 AUG

Midwater
Midwater Park, Town Street
13:15-14:00

WED 12 AUG

Bursfield
Bursfield Park, Pegg Road
13:15-14:00

MON 17 AUG

Redwood
Redwood Park, Park Lane
13:15-14:00

FRI 21 AUG

Marley
Marley Park, Park Lane
13:07-14:00

WED 29 JULY

Armsley
Armsley Park, Armsley Road
13:15-14:00

TUE 4 AUG

Bowdley
Bowdley Park, Park Lane
13:15-14:00

SAT 8 AUG

Eastleigh
Eastleigh Park, Common
13:15-14:00

THU 13 AUG

Salisbury
Salisbury Park, Salisbury Road
13:15-14:00

TUE 18 AUG

Donnerley
Donnerley Park, Park Lane
13:15-14:00

MON 24 AUG

Edinburgh
Edinburgh Park, Edinburgh Road
13:15-14:00

THUR 27 AUG

Armsley
Armsley Park, Armsley Road
13:15-14:00

THUR 30 JULY

Marblehill
Marblehill Park, Park Lane
13:15-14:00

FRI 5 AUG

Wells Isle
Wells Isle Park, Wells Isle
13:15-14:00

MON 10 AUG

East Ardsley
East Ardsley Park, Ardsley Road
13:15-14:00

FRI 14 AUG

East End Park
East End Park, Park Lane
13:15-14:00

WED 19 AUG

Fenton
Fenton Park, Park Lane
13:15-14:00

TUE 25 AUG

Heath
Heath Park, Heath Road
13:15-14:00

FRI 31 JULY

Beeston
Beeston Park, Beeston
13:15-14:00

TUE 6 AUG

Osby
Osby Park, Park Lane
13:15-14:00

THU 11 AUG

New Farmley
New Farmley Park, Park Lane
13:15-14:00

SAT 15 AUG

Barnsley
Barnsley Park, Barnsley Road
13:15-14:00

THU 20 AUG

Green Dates
Green Dates Park, Park Lane
13:15-14:00

WED 26 AUG

Farnley
Farnley Park, Park Lane
13:15-14:00

£1 per child

Booking essential
£1 admission per child
Breezeleeds.org

Events with this symbol offer an hour from 11am - 12pm, specifically for children with additional needs & their families. More info on the website

HEALTHY PACKED LUNCH GUIDE

Helping children stay happy, healthy and ready to learn

A healthy packed lunch provides children with the energy they need
for a busy afternoon of school, play and sport.

To support healthy eating and protect children with food allergies, please follow our packed lunch guidance.

A MAIN FOOD SHOULD INCLUDE

- A MAIN FOOD**
 - Sandwich, wrap, pitta or roll
 - Pasta, rice or couscous salad
 - Savoury muffins or homemade savoury snacks
- A SOURCE OF PROTEIN**
 - Cheese
 - Ham, chicken or turkey
 - Tuna or salmon
 - Egg
 - Hamsters or other suitable spreads
- FRUIT & VEGETABLES**
 - Fresh fruit
 - Carrot, cucumber or pepper sticks
 - Cherry tomatoes
 - Melon, strawberries or grapes (not where appropriate)
- A DAIRY ITEM**
 - Yogurt
 - Fromage frais
 - Cheese cubes or cheese strings
- A DRINK**
 - Water only

FOODS WE ENCOURAGE

- Sandwiches, wraps and rolls
- Pasta or rice dishes
- Fresh fruit and vegetables
- Yogurts
- Cheese
- Water

OCCASIONALLY ALLOWED

These can be included from time to time:

- Low-sugar cereal bars
- Crackers or breadsticks
- Small savoury baked items
- Small portions of dried fruit

PLEASE DO NOT INCLUDE

For the health and safety of all our children:

- Nuts or nut products
- Crakes
- Crabbed butter
- Chocolate spreads
- Fizzy drinks
- Sugary drinks or high-sugar fruit juice cartons
- Sweets

5 EASY LUNCHBOX IDEAS

1

- Ham sandwich
- Pasta salad or rice
- Apple
- Yogurt
- Water

2

- Cucumber sticks
- Salmon
- Water

3

- Tuna pasta salad
- Cherry tomatoes
- Grapes
- Water

4

- Egg mayonnaise roll
- Pepper sticks
- Banana
- Yogurt
- Water

5

- Chicken pitta pocket
- Cucumber or carrot sticks
- Melon
- Cheese cubes
- Water

6

- Vegetable wrap
- Water

BUDGET-FRIENDLY IDEAS

- Use leftovers from evening meals
- Plan meals to use easy-to-cook, cheap ingredients
- Freeze bread and vegetables in season.
- Reduce the recipe amounts.
- Use frozen fruit & juice (not vinyl)
- Use frozen fruit and vegetables where appropriate.

TOP TIPS

- Ask for a variety of foods across the week.
- Involve your child in choosing and preparing their lunch.
- Include at least one fresh and one vegetable every day.
- Send a named water bottle.
- Keep portions suitable for your child's age and appetite.
- Remember that a healthy lunch helps children concentrate, learn and live.

A GREAT PACKED LUNCH LOOKS LIKE THIS:

Main food
Fruit
Vegetable snack
Dairy item
Water

SIMPLE + HEALTHY + NUTRITIOUS

Thank you for helping us promote healthy eating and support every child's wellbeing

FREE BREAKFAST CLUB SURVEY
CLICK HERE

Whats on & Things To Do!



22 July	29 July	5 August
Swinnow Fest! 10:00 - 10:30 SEND session only 10:30 - 2:00 Family Event Fancy Dress Catwalk Competition Football Coach on the Park 11:00 - 12:00 Breakdancing Class 11:00am - 12:00pm	Nature Day 10:00 - 10:30 SEND session only 10:30 - 2:00 Family Event Football Coach on the Park 11:00 - 12:00 Breakdancing Class 11:00am - 12:00pm	Around the World 10:00 - 10:30 SEND session only 10:30 - 2:00 Family Event Football Coach on the Park 11:00 - 12:00
12 Aug	19 Aug	
Carnival 10:00 - 10:30 SEND session only 10:30 - 2:00 Family Event Football Coach on the Park 11:00 - 12:00	Mini Olympics 10:00 - 10:30 SEND session only 10:30 - 2:00 Family Event Football Coach on the Park 11:00 - 12:00	Food & Drinks available Lots of activities for the kids Everyone Welcome! Entry: £1 per person

We look forward to welcoming you all for our summer fun, learning, and community activities!



Workshop 5 - Parent carer self-care
Understand how to look after yourself whilst caring for a neurodivergent child or young person

Understand what support is available to neurodivergent children and young people in school

Book your workshop here
<http://forms.office.com/e/brdFAPhKmt>

WYNNESS workshops offer an informative introduction to understand some of the challenges our children, young people and families experience. Our Workshops are informal and are built on lived experience, offering information and strategies to support families. Please note we are not trained Therapists or Medical professionals. Support to access services is provided in the content of each Workshop.

JUNK MODELLING

IN ST PETER'S CHURCH

THURSDAY 23RD JULY
2.00-3.30PM

SWINNOW COMMUNITY CENTRE

WEEKLY ACTIVITIES IN THE SUMMER HOLIDAYS

SPORTS FOR TOTS AGE 0-5 	10-11AM EVERY TUESDAY LITTLE MOVERS SESSIONS 28 TH JULY, 4 TH & 11 TH AUG ONLY
TUESDAYS DEN BUILDING AGE 5-11	11-12PM BOOTCAMP AGE 8-18
WEDNESDAYS FOOTBALL ALL AGES	11-12PM BREAKDANCING ALL AGES 22 ND JULY 29 TH JULY ONLY
THURSDAYS RUGBY ALL AGES	11-12PM

SUMMER OF SPORT 2026

Thank you to the ASDA Foundation for funding this programme

Everyone's welcome. Every week we play games, learn skills, earn badges and yes, even eat a marshmallow or two.

Looking for something new for your child to do? Learn life skills and make new friends? Scouts have groups from ages 4 - 18.

Scan the QR code for more information and find your local group

**Less screen time
More green time**

Scouts
West Leeds

Brownies

Girls have nonstop fun, learning and adventure for ages 7 to 10

At Brownies, we welcome all girls to explore their creative side, get out into the great outdoors and start to learn to look after themselves, others and the world we live in.

Join a local Brownies group girlguiding.org.uk/joinus

New Starters
SAVE 10%
VALID UNTIL 31 JULY 26
Save 10% with code **INTAKE26** at checkout

SHOP NOW AT www.myclothing.com

*offer excludes bundles, clearance items and event hoodies

Guides

Girls laugh, learn and expand their horizons for ages 10 to 14

At Guides, all girls are welcome to enjoy our fun-filled space, where she'll make good friends, learn to be herself, explore what she loves and do stuff she's never done before!

Join a local Guides group girlguiding.org.uk/joinus

Whats on & Things To Do!



Parent or carer looking to get back into work?

Our friendly team can help you achieve your goals towards work or training.

Free one to one support and guidance for parents and carers

We can help with:

- CV building
- Work, training & volunteering
- Support and help with money issues
- Health and wellbeing
- Life skills

Up to 12 weeks counselling and peer support groups



Eligibility criteria

Bright Horizons is available to parents and carers who are:

- not currently in employment,
- living in West or South Leeds

*parents of children under the age of 18 (up to 25 with an EHCP plan)

Get in touch

To refer in or for more details please contact us:

West: 07842 410 828
South: 0113 2706 903

BrightHorizons@barca-leeds.org

Find out more about Bright Horizons and the support available on our website:
barca-leeds.org/services/Bright-Horizons

Bright Horizons is funded by the National Lottery Community Fund and is delivered by a partnership of Barca-Leeds and Health For All.



Click and Connect

Digital Drop In & Support Hub

Get started with technology. Pop in for a chat and a cuppa.

Every Friday 10am - 12pm

What to expect:

- ✓ Advice and info on digital devices
- ✓ How to stay safe online
- ✓ Learn digital skills
- ✓ Access free wifi

Manor House, 259 Upper Town St, Bramley, Leeds LS13 3JT

For more information:

Call 0113 255 9582

Email clickandconnect@barca-leeds.org



Fancy a chat?

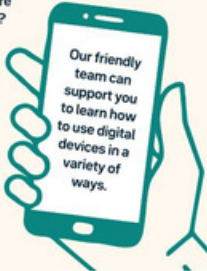
We're here to listen.

Join us every Friday for a hot drink and a chat in a warm, welcoming space.

Want to know more about technology?

Shop from the comfort of your own home?

Or, stay in touch with friends and family online?



For more information:

Call 0113 255 9582

Email clickandconnect@barca-leeds.org



Tune's PLACE

SCHOOL STARTERS STAY & PLAY

STARTING RECEPTION IN SEPTEMBER?

Come and meet your future classmates before your first day at school!

WHAT TO EXPECT	SATURDAY 1 st AUGUST	SUNDAY 2 nd AUGUST	SATURDAY 8 th AUGUST	SUNDAY 9 th AUGUST	SUNDAY 16 th AUGUST	SATURDAY 29 th AUGUST	SUNDAY 23 rd AUGUST
Make new friends	9:00am - 10:30am 11:00am - 12:30pm	9:00am - 10:30am 11:00am - 12:30pm 1:00pm - 2:30pm 3:00pm - 4:30pm	9:30am - 11:00am 3:00pm - 4:30pm	9:00am - 10:30am 11:00am - 12:30pm 1:00pm - 2:30pm 3:00pm - 4:30pm	1:00pm - 2:30pm 3:00pm - 4:30pm	9:00am - 12:30pm 1:00pm - 2:30pm 3:00pm - 4:30pm	9:00am - 12:30pm 1:00pm - 2:30pm 3:00pm - 4:30pm
Build confidence	Farsley Farfield Farsley Westroyd	Farsley Springfield Valley View Primary Stanningfield Primary Summerfield Primary	St Margaret's, Horsforth Southroyd	Bramley Park Academy Swinnow Primary Park Spring Bramley St Peter's	Pudsey Waterloo St Joseph's Pudsey	Greenside Primary Pinner Hill Calverley CofE Whitecote Primary	Pudsey Lawton

SPACES ARE LIMITED! BOOK YOUR PLACE TODAY!

SCAN THE QR CODE TO BOOK ONLINE!

Headed by Tune's Place
A Place To Belong • Connect • Support • Share

THIS IS US

PROUD TO BELONG

A SEND Celebration

Hosted by Leeds SEND Youth Council

Join us to celebrate Disability Pride Month!

Come together as a community to raise awareness and make our voices heard

FREE EVENT

EVERYONE IS WELCOME WHO'S WITH US?

Performances
Sensory Area
Fidgits
Crafts
Activities
Lego

Wed 22 July
10:30am - 2:30pm
Leeds Kirkgate Market
Event Space (Food Hall) Drop in anytime

EPEC - Being a Parent

Because children don't come with instructions

What is EPEC Being a Parent? Empowering Parents Empowering Communities (EPEC) Being a Parent (BAP) is a parenting programme designed to help you support child development and outcomes, parenting skills, family resilience and family relationships.

From melt down to magic! Join like-minded parents and carers in a supportive group, where you are encouraged and supported to explore:

- Positive behaviour management and discipline strategies.
- Managing parent and family stress.
- Understanding and managing children's feelings.
- Parent listening, communication, play and interaction skills.
- Attachment and parent-child relationships.
- Parenting roles, expectations, and culture.

Why is it different? It is run for parents by parents - Their experiences, backgrounds, skills, and qualities make each session inviting, engaging and fun.

Being a Parent is completely free

Who is it for? All parents and carers in Leeds who have children up to the ages of 11 years. Before Being a Parent begins there is a welcome session where you can learn more about what is involved and meet the other parents that are interested in joining the group too.

Where and when is it? We can deliver at your setting, school, community centre.

For further information: email Leeds.epcc@leeds.gov.uk or call/message Kerry (EPEC coordinator) on 07712 215217

LEEDS MUSIC CENTRES

HORSFORTH MUSIC CENTRE TASTER MORNING!

SATURDAY 18TH JULY 9.30AM - 11.10AM

BOTH CHILDREN AND ADULTS ARE WELCOME TO TRY UP TO 3 DIFFERENT INSTRUMENTS! FOR MORE INFO AND TO SIGN UP FOLLOW THE QR CODE!

artforms MUSICCENTRES

Leeds CITY COUNCIL

Leeds Family Hubs

Supporting families Strengthening communities

Family Hub brings together multiple organisations into a convenient one-stop shop to make it easier for families to access the support they need. We are here to help with a wide range of services, including:

- Family relationships
- Early years development
- Advice and support around parenting
- Education, training, and employment
- Housing and finances
- Domestic abuse, mental health, and substance use
- Special Educational Needs and Disabilities advice
- Concerns related to neglect, abuse, or exploitation

Where are the Family Hubs?

SOUTH	WEST	EAST
1) Dewsbury Road Centre	2) Armley Community Hub	3) Chapelham Childrens Centre
2) Rothwell Community Hub	4) Horsforth Library and Hub	4) Deacon House Secorft
		5) Capeton Centre, Harthall

Email address: familyhubs@leeds.gov.uk
Telephone: 0113 2550969
Website: leeds.gov.uk/familyhubs

Leeds CITY COUNCIL

Chatterbug's FREE SUMMER SPEECH & LANGUAGE CHECK

Worth up to £150*

Worried your child isn't talking yet?

Our Summer Speech and Language Clinic is for parents who are concerned about their child's talking, understanding, or early communication. At the appointment, your child will receive a short speech and language screen with one of our team. We will talk through our findings and provide you with practical next steps and activities.

What's included?

- A short, friendly screen using our Brightspeech App at our Leeds clinic.
- Immediate guidance on your child's speech & language development.
- A personalised programme of activities you can use at home.

Who is this for?

This is for parents and carers who:

- Are not yet talking or are using fewer words than expected.
- Have early concerns about their child's talking.
- Are waiting for support or unsure if support is needed.
- Not suitable for complex SLN or pre-diagnosed conditions.

How to claim your free session

Call us on 0113 240 8510 and quote: SUMMERSCREEN26

Our friendly team will book you in for a 45-minute session at our Leeds clinic.

Find us at Chatterbug SLT, Unit 7 Killingbeck Court, LS14 6FD.

*Full terms and conditions apply. Free screenings are subject to availability and for families able to attend and attend within the time slot. Subject to Brightspeech and Chatterbug's availability and capacity. Screenings are only available on weekdays between 10.00 - 12.00. The offer ends on 31st July 2024. See our website for full terms.

chatterbug Speech and Language Therapy

In Partnership with Brightspeech

0113 240 8510
www.chatterbug.com

Important information!

SAFE PARKING: PLEASE READ.

A reminder to all parents and carers to park safely and considerably during drop-off and collection times.

Please do not park on double yellow lines or block the school gates, and remember to observe the 20mph speed limit. These measures are in place to help keep our children, families and community safe.
Thank you for your support.

SAFE PARKING AROUND SCHOOL

Let's look out for one another

Your care. Their safety. Our community.

Together, we can keep our children safe.

DO NOT PARK ON DOUBLE YELLOW LINES
These restrictions are in place to maintain clear visibility and keep everyone safe.

DO NOT OBSTRUCT THE SCHOOL GATES
Keep entrances and exits clear to ensure safe access to the school site.

CHILDREN ARE EVERYWHERE
With many children walking, cycling and crossing the roads each day, irresponsible parking and driving puts lives at risk.

20MPH SPEED LIMIT
Please observe the 20mph speed limit and remain vigilant, particularly during the busiest times of the school day.

ACT RESPONSIBLY AND CONSIDERATELY
The safety and wellbeing of our children must remain everyone's priority.

Park safely. Protect lives.

Thank you for setting a good example for our children.

Thank you for your continued cooperation in helping us maintain a safe environment for all.

WHITECOTE PRIMARY SCHOOL
Inspire | Nurture | Challenge

WHAT TO DO IN CASE OF SICKNESS BUGS!

WHY DO WE GET SICKNESS OR DIARRHOEA?

Sickness and diarrhoea can make us weak and dehydrated.
They can be caused by germs (infectious reasons) or by other non-infectious reasons.

INFECTIOUS REASONS (Caused by germs)

1 DIRTY WATER

Drinking water that is not clean or safe.

2 UNCLEAN FOOD

Eating food that is uncovered, stale or contaminated.

3 DIRTY HANDS

Not washing hands with soap before eating or after using the toilet.

4 HOUSEFLIES

Flies carry germs from dirt and waste to our food.

5 CONTAMINATED SURFACES

Touching dirty surfaces and then touching our mouth or food.

6 FOOD NOT COOKED WELL

Eating raw or undercooked food, especially meat and eggs.

7 SHARING FOOD OR UTENSILS

Sharing food or utensils with someone who is sick.

IF CAUSED BY GERMS:
Stay away from school for **24 HOURS** after the last event (vomiting or loose stool).
Stay home. Rest and drink enough fluids.

NON-INFECTIOUS REASONS (Not caused by germs)

REFLUX / ACID INDIGESTION

Stomach acid coming up into the food pipe can cause nausea, pain or loose motions.

ANXIETY / STRESS

Worry, stress or fear can affect the stomach and cause nausea, stomach upset or diarrhoea.

EATING TOO MUCH / OVEREATING

Eating large amounts of food can upset the stomach and lead to sickness or diarrhoea.

DIETARY INTOLERANCE

Some people may not digest certain foods (lactose, gluten, etc.) well and may get stomach upset.

ALLERGY / FOOD SENSITIVITY

Some foods can cause an allergic reaction leading to sickness, vomiting or diarrhoea.

NOT CAUSED BY GERMS:
You can go to school.

Eat well, manage stress and drink enough fluids to feel better.

PREVENT SICKNESS AND DIARRHOEA

WASH HANDS
with soap and clean water before eating and after using the toilet.

DRINK SAFE WATER.
Boil or filter water and store it in a clean, covered container.

EAT CLEAN, FRESH FOOD.
Keep food covered and eat while it is hot and fresh.

USE TOILETS.
Always use toilets and keep our surroundings clean.

DISPOSE WASTE PROPERLY.
Use bins and keep our home and community clean.

IF YOU HAVE DIARRHOEA,
DRINK ORS and plenty of clean fluids. Seek medical help if needed.

GOOD HABITS. CLEAN SURROUNDINGS. A HEALTHY YOU!