



Whitecote Newsletter

Welcome back, Whitecote! ☀

I hope you've all had a wonderful six-week break and enjoyed some much-needed time together. It has been lovely to welcome our children back through the doors this week. The school has once again been filled with smiling faces, excitement and the wonderful energy that makes Whitecote so special.

A particularly warm welcome to all our new children and families joining us this year — we are so pleased to have you as part of our Whitecote family.

Here's to a fantastic year ahead, filled with learning, laughter, new experiences and lots of opportunities to shine!

Welcome back, everyone — we're so glad you're here.

Useful Links!

The links below offer helpful guidance for any families who feel they may need support while caring for children. Whether you are looking for advice, practical resources, or someone to talk to, these services are designed to provide reassurance and assistance whenever it's needed. We hope you find them useful.

- **Adoption Uk – [Adoption UK Charity](#)**
- **Kinship Care – [What is kinship care? – Kinship](#)**
- **Barnardo's – [Leeds Children's Rights \(Advocacy Looked After\) | Barnardo's](#)**
- **Coram Voice – [Home – Coram Voice](#)**
- **Care Leavers and Children in Care Council – [Leeds Youth Voice | Leeds.gov.uk](#)**
- **ARC – [What is ARC? – ARC Framework](#)**
- **Leeds Pathways Team (Avoiding NEET) – [Leeds Pathways | Leeds.gov.uk](#)**

INC Winners!

Nurture – I will be kind to others.

R APPLE –

R PEAR – Archer P – you have been so kind to your friends and sharing with them

1 LAVENDER – Savannah R – You are a kind friend to everyone in the class. Well done Savannah.

1 ROSE – Isabella G – You are a good friend to everyone.

2 WILLOW – Harper H – You have been kind and welcoming to three new children in our class.

2 HAZEL –

3 SPRUCE – Christabel A – You have been kind by offering to hand out resources in the classroom to help others do their learning.

3 YEW – Olivia S –

You have shown kindness to your peers when they have needed help or felt sad. Well done, Olivia.

4 ASH – Mia K – You are always kind to everyone in our class and always offer to help in the classroom.

4 BEECH – Amelia P – You are always thoughtful and kind.

5 CHESTNUT – Lucinda J – You have shown kindness by offering help to another student when you saw they were struggling. Well done, Lucinda!

5 ELM – Freya P – You have been kind by offering to hand out resources in the classroom to help others do their learning.

6 CEDAR – Scarlett A – You have been demonstrating kindness to your team and group during collaborative work.

6 OAK – Gabby D – You have shown kindness and thoughtfulness to others.

LUNCHES!

Make mornings
easier by pre-ordering!

Please remember to order your child's meals on SchoolGrid (schoolgrid.co.uk).
Choosing meals at home means your child knows what they'll be having for lunch each day. You can order up to the end of the half term, or do this weekly or daily – whatever works best for you.
Orders can be placed online until 9:00am, or through the school office until 9:45am. After this time we can't guarantee availability as the chef will have already started cooking.
Ordering in advance helps mornings run a little smoother and means one less thing to think about! 😊

MIGHTY MEALS MENU 2026/27					
Great school lunches designed to help young people grow and thrive in everything they do! Seasonal vegetables are provided with all meals or children can opt out for our 'Pick Your Own' salad bar.					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Margherita Flatbread Pizza (V)(H) Homemade Jacket Wedges	Chicken Curry With Rice	Beef Shepherd's Pie	Pork Sausage Yorkshire Pudding Roast & Mashed Potato Seasonal Vegetables Gravy	Fish Fingers (H) Chips
Meat Free	Vegetarian Lasagne (V)(H) Crusty Bread	Super Five Pasta Bake with Homemade Garlic Bread (V)(H)	Crispy Vegetarian Dippers (V)(H) Diced Potatoes	Vegetarian Sausage (VE)(H) Yorkshire Pudding Roast & Mashed Potato Seasonal Vegetables Gravy	Sticky Quorn Wrap (VE)(H) Chips
Deli	Egg Mayonnaise Bap (V)(H) Homemade Jacket Wedges	Savoury Cheese Wrap (V)(H) Baby Baked Potatoes	Ham Bap Diced Potatoes	Pork Sausage or Vegetarian Sausage Bap(V)(H) Roast Potatoes	2 Cheese Mix Panini (V)(H) Chips
Spud Station	Jacket Potato with Cheddar Cheese (V)(H)	Cold Tuna and Sweetcorn Pasta Pot (H)	Jacket Potato with Tuna Mayonnaise (H)		Jacket Potato with Baked Beans (VE)(H)
Desserts	Frozen Strawberry Traybake Yoghurt with Berry Sauce	Custard Cream Traybake Fresh Fruit Wedges	Mini Ring Doughnut with Chocolate Ice Cream	Jelly with Fresh Fruit Salad	Ginger Cookie Fresh Fruit Wedges

Whitecote Primary School
N4 Week THREE
W/C: 14/09/26, 05/10/26, 16/11/26, 07/12/26, 16/01/27, 08/02/27

Catering Leeds
Feeding the Future

YUM!

In addition to hot meals your child can choose:



Filled fresh Soft Bap or Tortilla Wrap with side.



Oven baked Jacket Potato with side.



Healthy Habits

At Whitecote Primary, we're proud to promote healthy habits every day.

💧 Water Only Reminder 💧

To support children's health, concentration and teeth, please remember that *sugary cordials and fruit juices aren't allowed in school, unless your child has a packed lunch as per the school policy.*

Water should be brought in bottles each day to keep children hydrated and ready to learn.

Together, we're building strong, healthy habits for life.

Don't Forget Coat & Shoes!



The weather's turning colder—keep your child warm and dry!



Our Learning

Year 6 Bramley History Day!



📖 Starting our new school year with a little local history! 🏛️

We were very lucky to welcome Roger Cliff from the Bramley History Society to kick off our new school year and our exciting Local History learning!

Roger shared fascinating stories from Bramley's past, bringing history to life with lots of amazing photographs. 📷

We loved discovering more about our local area and the people, places and events that have helped shape our community.

A huge thank you to Roger for sharing his knowledge and helping us get our local history learning off to a fantastic start! 🌟

Year 3 - Action! Adventure! Instructions!

As part of our English topic on instruction writing, our pupils turned into expert designers and engineers this week by building their very own dens!

To help them understand how to write clear, step-by-step guides, the children first had to experience the building process firsthand. Working in teams, they problem-solved, co-operated, and put their creativity to the test.

Once they found out exactly what it takes to build the ultimate secret hideout, the children got busy writing their own formal instruction texts. They focused on using clear layouts, bulleted equipment lists, and powerful imperative (bossy) verbs like secure, drape, and gather.

We might have some future architects and structural engineers in our midst! Check out our fantastic creations below.



Our Learning

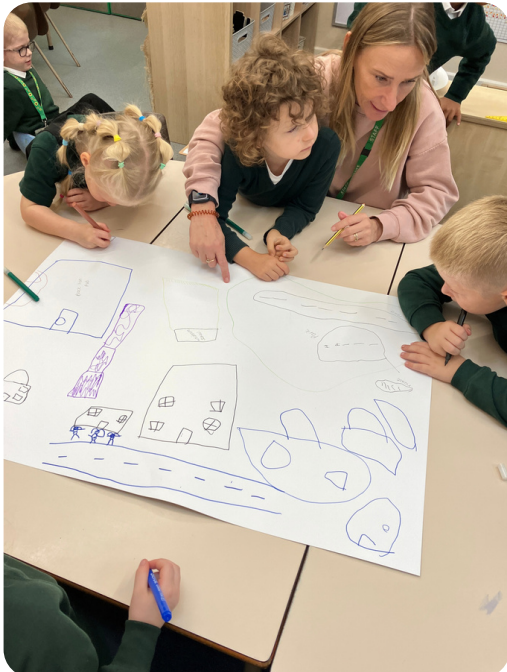
Year 1 are finding their feet in the local area!

Our Year 1s went on a local walk this week to explore our community!

They spotted different houses, shops, the local pub, and the park.

Back in class, they put their geography skills to the test—drawing fantastic maps with our school right in the middle and the shops all around. They finished by independently writing labels for every place they saw!

Super proud of our mini-geographers and writers today! 🖋️👁️📦



Whats on & Things To Do!

JOIN THE ADVENTURE

THE BOYS' BRIGADE
the adventure begins here



ANCHORS
4 – 8 Years

புலம்பெயர்
8 – 11 Years

Company
11 – 14 Years

Seniors
14 – 18 Years

WE MEET AT 
ST MARK'S METHODIST CHURCH
SWINNOW LANE, LS13 4RG

RHINOS HULL FC

FRI 11TH SEP | 8PM KO
AMT HEADINGLEY

£5 JUNIORS
WITH A PAYING ADULT IN STANDING AREAS

JOIN US FOR THE FINAL HOME GAME OF THE REGULAR SEASON

USE PROMO CODE LR26SCHL
AT [TICKETS.THERHINOS.CO.UK](https://tickets.therhinos.co.uk)

OR SCAN TO BUY



MAXIMUM OF 2 DISCOUNTED JUNIOR TICKETS PER PAYING ADULT
PROMO CODE EXPIRES 11:59PM THE DAY BEFORE THE MATCH
TO BUY OVER THE PHONE CALL 0371 423 1315
PHONE LINES OPEN BETWEEN 10AM – 4PM, MON-FRI EXCLUDING BANK HOLIDAYS.



Oulton ACADEMY

**YEAR 5 & 6
OPEN EVENING**

Tuesday 29th September
4:30pm - 7:00pm

Principal's Talks: 5pm, 5:45pm and 6:30pm

Pennington Lane, Oulton, Leeds, LS26 8EX

Ofsted
Outstanding Provider

Important information!

SAFE PARKING: PLEASE READ.

A reminder to all parents and carers to park safely and considerably during drop-off and collection times.

Please do not park on double yellow lines or block the school gates, and remember to observe the 20mph speed limit. These measures are in place to help keep our children, families and community safe.
Thank you for your support.

SAFE PARKING AROUND SCHOOL

Let's look out for one another

Your care. Their safety. Our community.

Together, we can keep our children safe.



DO NOT PARK ON DOUBLE YELLOW LINES

These restrictions are in place to maintain clear visibility and keep everyone safe.



DO NOT OBSTRUCT THE SCHOOL GATES

Keep entrances and exits clear to ensure safe access to the school site.



CHILDREN ARE EVERYWHERE

With many children walking, cycling and crossing the roads each day, irresponsible parking and driving puts lives at risk.



20MPH SPEED LIMIT

Please observe the 20mph speed limit and remain vigilant, particularly during the busiest times of the school day.



ACT RESPONSIBLY AND CONSIDERATELY

The safety and wellbeing of our children must remain everyone's priority.



Park safely. Protect lives.

Thank you for setting a good example for our children.

Thank you for your continued cooperation in helping us maintain a safe environment for all.

WHY DO WE GET SICKNESS OR DIARRHOEA?

Sickness and diarrhoea can make us weak and dehydrated. They can be caused by germs (infectious reasons) or by other non-infectious reasons.

INFECTIOUS REASONS (Caused by germs)

1 DIRTY WATER



Drinking water that is not clean or safe.

2 UNCLEAN FOOD



Eating food that is uncovered, stale or contaminated.

3 DIRTY HANDS



Not washing hands with soap before eating or after using the toilet.

4 HOUSEFLIES



Flies carry germs from dirt and waste to our food.

5 CONTAMINATED SURFACES



Touching dirty surfaces and then touching our mouth or food.

6 FOOD NOT COOKED WELL



Eating raw or undercooked food, especially meat and eggs.

7 SHARING FOOD OR UTENSILS



Sharing food or utensils with someone who is sick.

IF CAUSED BY GERMS:

Stay away from school for **24 HOURS** after the last event (vomiting or loose stool).



Stay home Rest and drink enough fluids

NON-INFECTIOUS REASONS (Not caused by germs)

REFLUX / ACID INDIGESTION



Stomach acid coming up into the food pipe can cause nausea, pain or loose motions.

ANXIETY / STRESS



Worry, stress or fear can affect the stomach and cause nausea, stomach upset or diarrhoea.

EATING TOO MUCH / OVEREATING



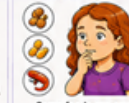
Eating large amounts of food can upset the stomach and lead to sickness or diarrhoea.

DIETARY INTOLERANCE



Some people may not digest certain foods (lactose, gluten, etc.) well and may get stomach upset.

ALLERGY / FOOD SENSITIVITY



Some foods can cause an allergic reaction leading to sickness, vomiting or diarrhoea.

NOT CAUSED BY GERMS:
You can go to school.



Eat well, manage stress and drink enough fluids to feel better.

PREVENT SICKNESS AND DIARRHOEA



WASH HANDS
with soap and clean water before eating and after using the toilet.



DRINK SAFE WATER.
Boil or filter water and store it in a clean, covered container.



EAT CLEAN, FRESH FOOD.
Keep food covered and eat while it is hot and fresh.



USE TOILETS.
Always use toilets and keep our surroundings clean.



DISPOSE WASTE PROPERLY.
Use bins and keep our home and community clean.



IF YOU HAVE DIARRHOEA,
DRINK ORS and plenty of clean fluids. Seek medical help if needed.

**GOOD HABITS. CLEAN SURROUNDINGS.
A HEALTHY YOU!**

WHITECOTE PRIMARY SCHOOL
Inspire | Nurture | Challenge

WHAT TO DO IN CASE OF SICKNESS BUGS!

Important information!



8:15 – 8:45

Free breakfast club



Give your child a great start to the school day!
Our free, government-funded Breakfast Club runs from 8:15am to 8:45am and can be booked quickly and easily through the Arbor app.

Bookings close at 7:15am on the day.

If you have any questions, please speak to the school office or wrap around care team – we're always happy to help!

WHITECOTE SCHOOL TRIPS



Packed Lunch



Backpack



Sun Cream



Outdoor Shoes



Waterproof coat



Overnight Bag



Toiletries



Pyjamas



Own Clothes

KEY

**New Trips
Coming Soon!**