

Physical Education

Year	Autumn		Spring		Summer	
1	Gym 1	Dance 1	Send and Return 1	Gym 2	Send and Return 2	Dance 2
	 Attack, Defend and Shoot 1	Hit, Catch and Run 1	Attack, Defend and Shoot 2	Run, Jump and Throw 1	Hit, Catch and Run 2	Run, Jump and Throw 2
2	Gym 1	Dance – Great Fire of London	Send & Return 1	Dance 1 Penguins	Send & Return 2	Gym 2
	 Attack, Defend, Shoot 1	Hit, Catch, Run 1	Attack, Defend, Shoot 2	Run, Jump, Throw 1	Hit, Catch, Run 2	Run, Jump, Throw 2
3	Gym 1	Egyptian Dance	Handball	Gym 2	Dance – Extreme Earth Twinkl	Badminton
	 Tag Rugby	Football	Tennis	Cricket	OAA	Athletics
4	Swimming		Swimming		Swimming	
	 Gym 1	Dance - Romans	Badminton	Cricket	Tag Rugby	Athletics
5	Gym 1	Dance - Vikings	Gym 1	Handball	Badminton	Gym 2
	 Football	Tag Rugby	Tennis	Cricket	OAA	Athletics
6	Gym 1	Dance 1	Handball	Dance - Charleston	Badminton	Gym 2
	 Football	Tag Rugby	Cricket	Tennis	OAA	Athletics